

20 August 2010

TREATING TRAUMA IN THE AGE OF THE BRAIN



Sebern Fisher

Psychodynamic Psychotherapist, USA
Consultant to Dr van der Kolk and Dr Norman Doidge

Sebern Fisher is a psychodynamic psychotherapist with a primary interest in the importance of secure attachment throughout the life span. She incorporated Neurofeedback into her clinical practice in 1997.

Sebern was the Clinical Director of a residential treatment center for severely disturbed adolescents for twelve years, where she implemented the first milieu Dialectical Behavioural Therapy program in the US.

She has a private practice in Northampton, Massachusetts, working primarily with PTSD, personality disorders and attachment.

She has published on Neurofeedback in the *Psychotherapy Networker* and in the *International Journal of Consultation and Behavior Therapy* and has a chapter in the 2nd edition of "An Introduction to Quantitative EEG and Neurofeedback".

She speaks nationally and internationally on psychotherapy, attachment and Neurofeedback, and on trauma and recovery, and on integrating psychotherapy and Neurofeedback. This is her first time in Australia in 3 years.

1-DAY SEMINAR OUTLINE

With the increasing availability of Neuroimaging comes increasing focus on the brain in mental disorders. It seems obvious that brain function affects the function of the mind, but until recently this connection was, for the most part, inferred. Clinical training and practice are still devoted to studying the mind.

This objective of this workshop is to bridge the gap between how the brain works and how the mind works and to make this information useful to the clinician working with trauma and its devastating aftershocks.

This workshop include: An overview of the literature on the effects of trauma on the brain; a brief and comprehensible overview of the emerging science of brain function; an overview of how Neurofeedback works to regulate affect and on how it enhances psychotherapy for both the patient and the clinician.

When integrated with psychotherapy, Ms. Fisher has used Neurofeedback successfully with PTSD, DTD, DID (video on this), with Asperger's, Eating Disorder, Conduct Disorder, Depression, Anxiety, ADHD - the full catastrophe.

Sydney Mechanics School of Arts, Sydney CBD

REGISTRATION FORM - Sebern Fisher

You can make an enquiry by phoning STARTTS on (02) 9794-1900. Ask for Jacqueline Donoso.
Email registration form: jacqueline.donosso@sswahs.nsw.gov.au
Fax this form to: (02) 9794-1910. Attention: Jacqueline Donoso.
Post this form to: STARTTS, PO Box 203, Fairfield NSW 2165

Standard Registration

(payment in full before 5pm,
12 August 2010)

\$285 \$255 (Students)

Late Registration

(payment in full before 5pm,
16 August 2010)

\$310 \$290 (Students)

Special Dietary Requirements: Halal Vegan Gluten free Other _____

Payment details

Payment can be made by credit card (Visa and MasterCard), cheque or money order
Please make cheque or money order payable to "STARTTS"

Name: _____ Email: _____

Organisation: _____ Position: _____

Phone: _____ Mobile: _____

Payment Method:

Cheque: Attached is my payment of \$ _____

Credit Card: Visa / MasterCard (Please circle) Card No.: _____ / _____ / _____ / _____

Name on card: _____ Expiry date: ____/____ Amount: \$ _____

Signature: _____

How did you find out about this seminar:

Email from STARTTS STARTTS' website Other website, specify: _____

Journal advertisement, specify: _____ Other, specify: _____

Terms and conditions

- The closing dates for registrations are final and non-negotiable. No registrations will be accepted after 16/8/2010.
- Registrations will not be confirmed until full payment is received.
- A receipt will be mailed to you once payment has been received.
- Price includes GST. Registration includes morning tea, lunch and afternoon tea.
- A photocopy or pdf of a valid student card must be forwarded with registration form if the student price is being paid.
- Registration once paid cannot be cancelled, but can be transferred to another delegate.

VENUE DETAILS

Conveniently Located Venue
Sydney Mechanics School of Arts
Mitchell Theatre
280 Pitt St, Sydney CBD
(Between Park St and Bathurst St)

Registrations: 9.00am
Seminar start/finish: 9.30am-4.30pm

Getting there is easy
Bus: Many buses going through the city
Train: Town Hall Station is the closest
Car: Wilson Parking Station on Goulburn St