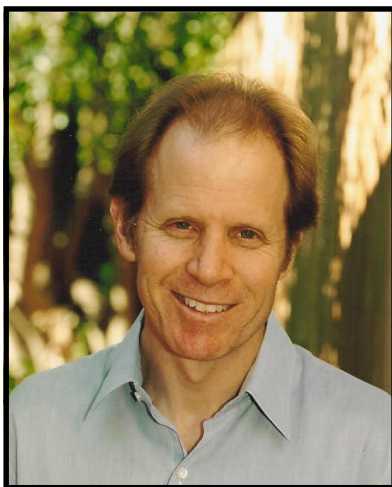


12 May 2009  
Mercure Hotel, Sydney CBD

## HEALING TRAUMA

### THE CENTRAL ROLE OF INTEGRATION IN WORKING WITH THE MIND, BRAIN AND HUMAN RELATIONSHIPS



Associate Clinical Professor of Psychiatry  
UCLA School of Medicine, USA  
Author of *“The Developing Mind”*  
and *“The Mindful Brain”*

APS Approved—7 PD Points

**Dr Daniel J. Siegel** received his medical degree from Harvard University and completed his postgraduate medical education at UCLA with training in pediatrics and child, adolescent and adult psychiatry. He served as a National Institute of Mental Health Research Fellow at UCLA, studying family interactions with an emphasis on how attachment experiences influence emotions, behavior, autobiographical memory and narrative.

He is currently an Associate Clinical Professor of Psychiatry at the UCLA School of Medicine where he is on the faculty of the Center for Culture, Brain, and Development. He is also the Director of the Mindsight Institute, an educational organization that focuses on how the development of insight and empathy within individuals, families and communities can be enhanced by examining the interface of human relationships and basic biological processes.

#### SEMINAR OUTLINE

##### **Session 1: How do the Mind, Brain and Relationships Interact to Shape Well-being?**

Exploring the notions of mind, brain, and relationships as composing a triangle of energy and information flow, we will discover how the mind can be defined, the brain illuminated, and the central role of relationships in well-being established.

##### **Session 2: Trauma seen as Impairments to Integration: The Nine Domains**

Integration is defined as the linkage of differentiated parts. Nine domains of integration will be presented that help us see how trauma overwhelms mind, brain, and relationships and impairs differentiation and/or linkage. The result is chaos and rigidity—far from the harmonious flow of an integrated system.

##### **Session 3: Clinical Interventions from an Interpersonal Neurobiology Approach: Promoting Integration**

This “consilient” approach combines a range of sciences to help establish new windows of understanding and strategies of intervention. We’ll explore how trauma can be assessed as impediments to integration and then identify new strategies that promote healing.

##### **Session 4: Healing and Hope: Moving Beyond Survival to Integration and Meaning**

Integration moves an individual, a family, and perhaps a community, beyond biological adaptations of survival toward more intricate and flexible states of integration and meaning. Elucidating the nature of bodily states and their interdependence with our life stories, we’ll see how a sense of visceral well-being and narrative coherence each reflect the integration that emerges with the healing process.

**HURRY AND REGISTER EARLY FOR THIS EXCITING EVENT. PLACES ARE LIMITED**

# REGISTRATIONS

You can register by phoning STARTTS on 02-9794-1900. Ask for Marla Camacho.

Email: marla.camacho@sswahs.nsw.gov.au

Fax this form to: 02-9794-1910. Attention: Marla Camacho.

Post this form to: STARTTS, PO Box 203, Fairfield NSW 2165

## Early Bird Registration

(payment in full before 5pm,  
31 March 2009)

\$300

\$280 (Students)

## Standard Registration

(payment in full before 5pm,  
30 April 2009)

\$320

\$300 (Students)

## Late Registration

(payment in full before 5pm,  
5 May 2009)

\$350

\$330 (Students)

**Special Dietary Requirements:** Halal Vegan Gluten free Other \_\_\_\_\_

### Payment details

Payment can be made by credit card (Visa and MasterCard), cheque or money order

Please make cheque or money order payable to "Friends of STARTTS"

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

### Payment Method:

**Cheque:** Attached is my payment of \$ \_\_\_\_\_

**Credit Card:** Visa / MasterCard (Please circle) Card No.: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name on card: \_\_\_\_\_ Expiry date: \_\_\_\_ / \_\_\_\_ Amount: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

### Terms and conditions

- The closing dates for registrations are final and non-negotiable. No registrations will be accepted after 5/5/09.
- Registrations will not be confirmed until full payment is received.
- A receipt will be mailed to you once payment has been received.
- Price includes GST. Registration includes morning tea, buffet lunch and afternoon tea.
- A photocopy or pdf of a valid student card must be forwarded with registration form if the student price is being paid.
- Registration once paid cannot be cancelled, but can be transferred to another delegate.

# VENUE DETAILS

### Conveniently Located Venue

Mercure Hotel  
Level 2, Grand Central Room  
818-820 George St  
Railway Square, Central Station, Sydney CBD  
(In front of where the buses leave for Parramatta Rd)

**Registrations:** 9.00am

**Seminar start/finish:** 9.30am-4.30pm

### Getting there is easy

Bus: Any bus going along George St past Central. Get off at Railway Square

Train: Get off at Central Station, take the underpass to George St

### Accommodation

Seminar delegates are entitled to a discount on rooms at the Mercure Hotel

Please quote "STA1105" when making reservations (02-9217-6777)