STARTTS Resources

**STARTTS Services**

STARTTS helps refugees recover from their experiences and build a new life in Australia.

STARTTS also works with other organisations and individuals to help them work more effectively with refugees.

Services provided include counselling, group therapy, group activities and outings, camps for children and young people, English classes and physiotherapy.

STARTTS is one of Australia’s leading organisations for the treatment and rehabilitation of torture and trauma survivors.

**Professional Development Program**

STARTTS’ Professional Development Programme offers a range of specialist workshops aimed at skilling professionals and students currently working with survivors of torture and trauma.

For more information please contact Clinician Trainer on 02 9794 1900.

**Library**

STARTTS also has a library containing books and articles on torture and trauma, human rights and relevant State and Federal government policy, which is available for use by appointment.

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**Program**

- Registrations and Refreshments 6.00 - 6.30pm
- Address 6.30 - 6.40pm
- Jorge Aroche
  - Executive Director
  - STARTTS
- Guest Speaker 6.40 - 7.30pm
  - Richard Bryant, Ph.D
  - ‘The Biology of Trauma’
  - Presentation
- Mirjana Askovic 7.30 - 7.45pm
  - Neurotherapist
  - STARTTS
  - Presentation
- Dr Chris Sochan 7.45 - 8.00pm
  - Questions and Discussion
- Closing Remarks & Refreshments 8.00 - 8.30pm

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**STARTTS Clinical Master Class Evening with**

Richard Bryant, Ph.D.

**The Biology of Trauma:** Implications for Treatment & Prevention

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**STARTTS**

NSW Service for the Treatment & Rehabilitation of Torture & Trauma Survivors

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**To register for this FREE Master Class please contact STARTTS’ Reception on:**

**Tel:** 02 9794 1900

**Multicultural dinner ($5 donations will be encouraged) together with tea & coffee will be provided**

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**STARTTS**

Phone: 02 9794 1900

Venue: STARTTS, Large Group Room

152-168 The Horsley Drive,

CARRAMAR NSW 2163

WWW.STARTTS.ORG

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20 August 2007
Acute Stress Disorder (ASD) describes initial stress reactions that are predictive of chronic posttraumatic stress disorder (PTSD). Recent biological models of posttraumatic stress have pointed to the importance of acute reactions in the genesis and maintenance of PTSD. This presentation will review prevailing biological models of trauma response, with specific focus on fear-conditioning models. There will be a review of empirical studies of biological markers of adaptive and maladaptive responses to trauma which will include studies of heart rate, neuroimaging and startle response. The presentation will extend biological models to discuss factors that may predispose people to PTSD development and will review the relevant evidence. Dr Bryant will address evidence concerning the role that neuroimaging evidence has in understanding the treatment of PTSD.

The possibility of enhancing current psychotherapy approaches to PTSD by modulating neurotransmitters associated with learning will be discussed along with findings from a range of anxiety disorders. Finally, challenges to early intervention and the opportunities offered by biological advances will be outlined.

Dr Bryant has co-authored the leading text on acute stress disorder and has received over $8 million in competitive funding, including an NHMRC Program Grant. He has served as a consultant to many civilian and military organisations on managing trauma reactions. He is currently collaborating with leading international researchers, including the US National Center of PTSD, Boston University, Oxford University, University of California at San Francisco, and Stanford University. His assessment and treatment protocols are currently being employed by many civilian and military agencies around the world, including agencies coordinating mental health projects following the September 11 attacks and the 2004 tsunami.