



## Oudat na de CLSR woke man en ouman dem?

CLSR woke man en ouman dem na masta sabi pipul dem wae kam from difren kulture en bakgron. Den na masta sabi woke man dem wae de ep pipul wae de strugle. De tin wae den de strugle wit kin be somtin wae den bin don expirens tradae or de expirens rite now.

## Waetin go apin if de porsin wan for tok language wae nor to English?

CLSR woke man en ouman den dae tok borku language dem, en kin use profesional intaprita dem if yu aks for wan.

## De porsin in information, den go kip am sikrit?

CLSR de gi kip orl de suport wae den de gi pipul dem to den sef. De only tem wae New Horizons en STARTTS go shayb waetin den no bot porsin na wae da porsin dey tel dem for do so, en na for tin wae go ep de porsin. Bot if de porsin tel we say den go do bad bad tin to den sef or orda porsin, den CLSR woke man/ouman dem go bring orda savis dem insai for protect de porsin en orda pipul dem. Bambai wi go kontakt pipul dem wae dae use CLSR savis rite now for voluntia for ep chek aw de program dae woke en benefit dem.

## Dis na bot STARTTS

STARTTS na masta sabi organisation wae nor dae make any profit - en ei don pas tarty yia (30 years) wae den don dae provide tritment wae fit de kulture of de pipul dem wae den de ep, dae do difren kind woke na de komminity for ep pipul en kominity wel from den bad bad thin wae den expirens during de war na den kontri, en ep den make den life bak na Australia. Pan tap dat, STARTTS de also make sure pipul den able for rekovar na good place by wae den de provide training for orda organisation dem wae de woke wit refugi, do advokasi en polisy woke bak. [www.startts.org.au](http://www.startts.org.au)

Kol STARTTS pan dis number: **02 9646 6666**  
(Go na den website [www.startts.org.au/contact](http://www.startts.org.au/contact) for no bot ousai den office dae)

## Dis na bot New Horizons

New Horizons dae ep pipul dem for mek den wel body beteh en no waetin den able for do thru de difren difren savis en sorpot wae NEW Horizon de provide. For fifty yia now, New Horizons don ep borku borku (touzin en touzin) Australian pipul dem from orl-or-bot for get beteh wel body. Wi na masta sabi pipul dem for disability, mental health en age kia for old pipul dem. Wi dae gi difren kyne suport for improve yu wel body, gi masta sabi advise en suport for tin dem wae go ep yu life everi day. Wi expirens en wi borku-borku network wae pas 400 patna dem min say we geh konektion en masta sabi biznes for ep yu liv wit wel body. [www.newhorizons.org.au](http://www.newhorizons.org.au)

Kol New Horizons pan dis number: **1300 726 372**



Na NSW Health gi money  
for de CLSR projekt



## WAE YU LIV NA DE KORMINITY

### SUPORT FOR DEN REFUGI EN PIPUL WAE DE AKS FOR ASYLUM (COMMUNITY LIVING SUPPORTS FOR REFUGEES AND ASYLUM SEEKERS - CLSR)



For ep pipul dem mek den tink beteh bot den sef, mek den helt, wel bodi en den konektion wit orda pipul den beteh.



## Oudat de CLSR program dae for?

Kominity Living Suport for den Refugi en den wan wae de aks for Asylum – CLSR dae woke wit pipul dem wae geh chalenge dem wit wel body, en den challenge ya de seriously anbug den life en waetin den de do evri day. Ei kin be say den tin ya kin de apin to de porsin bikos of waetin bin don apin to dem trade or na Australia ya so.

CLSR na for pipul den wae bin be refugi en pipul wae de aks for asylum, age nor matter en don dae insai Australia for de pas 10 yia.

Porsin nor nid for geh mental illness for leh den geh CLSR suport, bot den for don dae geh problem wit den wel body, en dis bin don dae anbug den life en de tin den wae den dae do evri day.

## Watin go make porsin nid ep from CLSR?

De komon chalenge dem wae kin apin to porsin na lekeh:

- For dae na ospitol plenty tem
- Wae den jis discharge yu komot na ospitol
- Wae yu dae fil pain en luk wory for long tem
- Wae yu dae fil lek yu always dae by yu sef, nor able do natin for yu sef
- Ei at for leh yu dil wit waetin yu blant do for yu sef evriday
- Yu de fil lek yu nor dae in kontrol of yu life, en yu de strugle for luk afta yu sef
- Ade at en pain
- Nor de able slip en de get den bad bad drim
- Yu de memba tin dem wae nor gud for yu, nor able konsentrate en memba tin dem.

## Aw de CLSR program kin ep?

CLSR dae gi wan to wan suport for ep pipul dem make up den mind bot waetin den wan for do, get konfidens, luk afta den helt, wellbody en aw den de mix wit orda pipul dem.

CLSR want for ep pipul dem for liv life wae nor get yagba en know waetin den want in life, deside wich kind suport den nid en kin involve dem fambul dem if den want.

CLSR go gi bak suport wae go make den konekt en woke wit orda pipul or organisation wae de woke wit de porsins.

## Den savis ya kin be:

Dae kind suport wae pipul kin get na lekeh:

- Suport for ep wit tin dem wae yu de do evri day, lekeh: for go do shoping, for go take transport, for do klining, for manage aw yu de take yu meresin, en suport for go see yu dokta.
- Suport for fen and try for kip ousai yu tap.
- Suport for do tin dem na de kominity lekeh for go pan biznes wae yu kontri man dem put up, den kominity activity, sport en for go exercise.

## Aw CLSR woke man/ouman go understand de challenge den wae porsin get?

CLSR woke man en ouman den wan for lisin en undastand de porsin in yone-yone tin den wae dae apin to am – en de chalenge dem wae ei get.

CLSR woke man en ouman dem kam from difren difren kulture – en den undastand gud-gud wan de expirens en kulture of den refugi dem.



## Aw for refer porsin to CLSR

CLSR dae aksept pipul dem from any side, even sef pipul wae de refer den sef.

If yu wan for refer porsin, or if want more information:

Kol New Horizons pan dis number: **1300 726 372**

Or STARTTS pan dis number: **02 9646 6666** (en aks for CLSR)

Email: **STTS-CLSRintake@health.nsw.gov.au**

## Waetin go apin after yu don refer porsin?

Any body wae den refer go get for go thru we intake-asesment bifo den aksept dem na de program.

## Na ormus den dae pay for dis CLSR?

Orl CLSR savis for den wan wae we de ep na fre.

## Ousai pipul den go fen ep wae CLSR dae gi?

De place dem wae STARTTS en New Horizons CLSR den dae na:

- Inner West Sydney
- South West Sydney
- Newcastle
- Armidale
- Coffs Harbour



## Ousai de porsin go get for go?

CLSR woke man/ouman go mit wit pipul den any sai wae de porsin tink say beteh for am – ei kin be say na den ose, na de kominity, or na STARTTS or New Horizons den office.

Do-ya if yu wan for no more bot de program nar de difren difren place dem, must kol de phone numba dem wae den rite up na dis page ya so.