

The International Attuned Neurofeedback Summit: Advancing Trauma Treatment

By Sejla Murdoch





Jorge Aroche, CEO of STARTTS



Mirjana Askovic, Director of the Australian Neurofeedback Institute



Sejla Murdoch, Deputy Director of the Australian Neurofeedback Institute; Tia (client)



Ben Alcock, MC and the ANFI team

Last March the serene Hunter Valley, Australia, hosted the International Attuned Neurofeedback Summit, a landmark event dedicated to advancing the use of Neurofeedback in trauma therapy. Organized by the Australian Neurofeedback Institute (ANFI) a program of STARTTS, this summit turned out to be a vital gathering for professionals passionate about improving mental health and trauma recovery through innovative approaches.

The summit built on a tradition that began in 2012 in Boston, when renowned Neurofeedback expert Sebern Fisher brought together a select group of professionals including STARTTS' Neurofeedback Program Coordinator Mirjana Askovic to explore the potential of neurofeedback in trauma recovery. Over the years, this gathering has evolved into a global movement, and we were proud to host its continuation in Australia. The 2025 summit has provided a platform to connect, learn, and collaborate, showcasing the latest advancements in neurofeedback and its application to trauma treatment.

The program featured an array of prominent figures in trauma and neurofeedback, including Bessel van der Kolk, celebrated author of *The Body Keeps the Score*; Ruth Lanius, a pioneer in neuroimaging and the use of neurofeedback in treating complex trauma; and Dr. Frank Corrigan, the creator of Deep Brain Reorienting (DBR), a groundbreaking approach to addressing early relational trauma amongst many others. These leaders, alongside other experts, guided participants through an engaging exploration of cutting-edge research,

practical techniques, and emerging trends in the field.

The summit was designed to foster meaningful connections and dialogue among professionals working in neurofeedback and trauma care. Through a blend of interactive workshops, keynote presentations, and group discussions, participants had the opportunity to share best practices, learn from peers, and deepen their understanding of Neurofeedback as a transformative tool for healing.

In addition to its rich professional offerings, the summit's location in the Hunter Valley provided a tranquil setting for reflection and renewal. Known for its scenic vineyards and warm hospitality, this region offered attendees a chance to unwind and connect with colleagues in an environment conducive to inspiration and learning.

This event was a continuation of the Neurofeedback Mystery Tour 2022, where professionals from around the world came together to push the boundaries of what is possible in trauma therapy. As conveners, we carried forward that spirit of innovation and collaboration, ensuring that the field of neurofeedback continues to grow and thrive.

By bringing together leading voices and dedicated practitioners, the International Attuned Neurofeedback Summit served as a reminder of the shared commitment to advancing trauma treatment and improving lives. R

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